

Need support with
your drug and
alcohol use to...

Cut down? Stop?
Stick with your
changes?

Head over to our
website to find out
how we can help.



**Alcohol
& Drug
Support**

ADS helps people in Greater Manchester
who need help with their own or someone
else's alcohol or drug use

alcoholanddrugsupport.org.uk

Worried about
a friend or family
member's alcohol
or drug use?

Don't be alone.

You don't need to wait for
your loved one's drinking/
drug use to get worse
before you get better.



ADS

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